

Curriculum Vitae George C. Branche, III, M.D.

Address: 2445 Army Navy Drive, Arlington, Virginia 22206
Date of Birth: May 22, 1956
Place of Birth: Richmond, Virginia
Marital Status: Married
Spouse: Kamla C. Branche
Children: George C. Branche, IV
Katherine C. Branche

Specialty: Orthopaedic Surgery/Sports Medicine

Board Certification: American Board of Orthopaedic Surgery (1989)
Recertification (1999; 2009)

Academic Appointments:

Walter Reed Army Medical Center, Clinical Rotation, Sports Medicine & Physiatry,
Consultant, Washington, D.C.

Howard University Hospital, Department of Orthopaedic Surgery, Consultant,
Washington, D. C.

The George Washington University, Clinical Preceptor, Physician Assistant Program

Georgetown University, Assistant Professor on the Clinician Track

Hospital Positions:

Healthsouth Rehabilitation Center, Director of Sports Medicine, Arlington, Virginia;
1996-present.

Mount Vernon Hospital, Section Chief of Orthopaedics, Alexandria, Virginia, 1996-1998

National Hospital for Orthopaedics & Rehabilitation, Chairman, Operation Room

Committee, 1991-1992. National Center for Sports Medicine, Associate Director, Arlington, Virginia,
1989-1993

Howard University, Sports Medicine Center, Consultant, Washington, D.C.

Other Positions:

Board of Directors: Junior Tennis Champions Center, College Park, Maryland 2005-present

Sport Science Committee Member USTA 2007 - Present

Vice chairman of the Sport Science; USTA 2011 - Present

Learning Center Committee, Arthroscopy Association of North America,

Treasurer, Society for Tennis Medicine and Science, 2001- 2007

Association of Tennis Professional ATP Tournament Physician, 1992- present, Washington DC

Men's Professional Tennis Tournament

Advisory Board Member, West Potomac Academy, Fairfax County Public Schools,

Alexandria, Virginia, April 2001- Present

Washington Tennis and Education Foundation, Board of Directors, 1996-2005
Advisory Board Member, West Potomac Academy, Fairfax County Public School, Alexandria, Virginia.
Washington Tennis Classic, Sports Medicine director, July 1994-present
Washington Orthopaedic Society, President, 1994-1995
World Cup Soccer, Sports Medicine Physician, June 1994
Washington Orthopaedic Society, Vice President, 1993-1994
Washington Orthopaedic Society, Secretary-Treasurer, 1992-1993
D. C. Boxing Commission, Washington, D.C. Physician Member
United States Rowing Association, Virginia, Physician Member

Professional Experience:

October 1989- Present	Anderson Clinic, 2445 Army-Navy Drive, Arlington, Virginia 22206, (703) 892-6500
September 1992-February 1996	Anderson Clinic at Mount Vernon 8109 Hinson Farm Road, Alexandria, Virginia 22306
October 1989-August 1992	Anderson Clinic at Oxon Hill, 6196 Oxon Hill Road Suite 510, Oxon Hill, Maryland 20745
August 1988-October 1989	Orthopaedic Surgery & Sports Medicine, Private Practice
July 1987-August 1988	Washington Orthopaedic & Knee Clinic, Inc. Oxon Hill, Maryland
June 1980-August 1980	College Prep Guidance Counselor, Westchester Urban League, White Plains, New York
June 1979-August 1979	Glen Dale Hospital, Medical Assistant, Glen Dale, Maryland

Medical Licensure:

District of Columbia (1985)	Medical License #1540.
Maryland (1987)	Medical License #D35122
Virginia (1987)	Medical License #0101041029

Hospital Affiliation:

Mount Vernon Hospital- Active
Fairfax Surgical Center - Active
Alexandria Hospital - Courtesy

Professional Societies:

Fellow, American Academy of Orthopaedic Surgeons
Active Member, Arthroscopy Association of North America
Board Member, The Society for Tennis Medicine and Science
American College of Sports Medicine
American Medical Association
Southern Medical Association
Washington Orthopaedic Association
United States Tennis Association

Educational Background:

High School: Scarsdale High School- Scarsdale, New York,
Graduated: 1974
Activities: Class President, Varsity Basketball, and Varsity Tennis

College: Princeton University, Princeton, New Jersey
Graduated: 1978
Degree: B.A. Psychology
Thesis: "The Role of Learning Three Dimensional Perception"

Medical School: Howard University College of Medicine, Washington, DC
Graduated: 1982
Degree: Doctor of Medicine.
Award: John Lawlah Award in Radiology

Post Graduate Studies: Orthopaedic Surgery Residency, Howard University Hospital,
2041 Georgia Avenue, N.W. Washington, D.C.
July 1983-June 1987

Affiliated Hospitals: National Hospital Medical Center
INOVA Mount Vernon Hospital
Children's Hospital National Medical Center
Providence Hospital
D.C. Veteran's Administration Hospital

General Surgery Internship, Harlem Hospital, New York
July 1982-June 1983.

Awards:

Association of Tennis Professionals Physician of the Year 1999
Teaching Award, Greater Southeast Hospital, Washington, D.C. 1988 and 1989
Upjohn Award, Outstanding Resident of the Year, Howard University Hospital, June 1987

Presentations:

Annual Sports Medicine Symposium 2011; INOVA Mount Vernon Hospital, June 22, 2011
“Surgery Commentary on MCL & PCL surgeries. Injuries in the knee – the surgeons approach”

Annual Sports Medicine Symposium 2010; INOVA Mount Vernon Hospital, June 30, 2010
“Surgery Commentary on ACL Surgeries- Types and Selection Criteria”

Arthroscopy Association of North America, Masters Course for Residents, January 21-24, 2010
Rosemont, IL

High Performance Coaching Program, College Park Tennis Center, College Park, MD
April 3, 2009 “Common injuries and how to prevent them”.

Arthroscopy Association of North America, Masters Course for Residents, January 15-19, 2009
Rosemont, IL

Parlor Session on Sports Medicine, INOVA MT. Vernon Hospital, Sept. 22, 2008

Arthroscopy Association of North America, Masters Course for Residents, February 1-4, 2007
Rosemont, IL

Virginia Society of Radiological Technologists; September 9, 2006; Fairfax VA, “The incorporation of diagnostic imaging with surgical management of shoulder problems“

Virginia Association of Rehabilitation Professionals and NOVA Care Rehabilitation; October 28, 2004
Fairfax VA, “Defining and Treating Rotator Cuff Injuries in the Workplace”

Advanced Topics in Management and Treatment of Shoulder Disorders; May 2, 2004 Annapolis, MD
“Diagnosis and Treatment of SLAP Lesions”

Advanced Topics in Management and Treatment of Shoulder Disorders; May 2, 2004 Annapolis, MD;
“Pathophysiology and Surgical Treatment of Rotator Cuff Injury”

American Association of Surgical Technologists: 35th Annual meeting; Washington DC, May 27, 2004
“Arthroscopic ACL Reconstruction / Graft Choices”

Arthroscopy Association of North America, Knee Arthroscopy Masters Course Lab Instructor
Rosemont, IL

22nd Annual Cherry Blossom Seminar, “Decision Making and Graft Selection in ACL Surgery”,
Arlington, VA March 2003

22nd Annual Cherry Blossom Seminar, "Mini-open Rotator Cuff Repair Technique", Arlington VA
March 2003.

Science and Tennis Medicine Society, "Multicenter, Prospective, Nonrandomized Study of Bipolar
Radiofrequency for the Treatment of Articular Cartilage Defects of the Knee", June, 2002, Sweden

Science and Tennis Medicine Society, Comparison of Bilateral Anterior Cruciate Ligament With
Two Different Graft Methods", June 2002, Sweden.

Arthroscopy Association of North America, "Multicenter, Prospective, Nonrandomized Study of Bipolar Radio Frequency for the Treatment of Articular Cartilage Defects of the Knee", April, 2002, Washington D.C

Arthroscopy Association of North America, "Comparison of Bilateral Anterior Cruciate Ligament With Two Different Graft Methods", April, 2002, D.C

Arthroscopy Association of North America Fall Course, Shoulder Lab Instructor, December 1, 2001

"Rehabilitation of Common Surgical Shoulder Problems", Inova Rehabilitation, November 7, 2001

"Arthroscopic Techniques for Managing Various Shoulder Problems", Linvatec Corporation, King Salmon, Alaska, August 2001

New Advances in Radiofrequency Energy for the Knee", Arthrocare Corporation, St. Paul, Minnesota, July 13, 2001.

Fox Channel 5 interview, "Throwing Injuries in Young Athletes", April 23, 2001

Grand Rounds, Walter Reed Army Medical Center, Surgical Management of Shoulder Problems, May 11, 2001

"Reconstruction in Tennis Players using Hamstring Tendons", International Symposium in Tennis Medicine, Brazil, February 8, 2001

"Knee Injuries In Tennis Players-Different Courts/Different Injuries", International Symposium in Tennis Medicine, Brazil, February 8, 2001

Arthroscopy Association of North American, Associate Master Instructor, Knee Course, Rosemont, Illinois, January 12, 2001

"Surgical Treatment of Meniscal Tears", World Medical Conference for ATPTour Tournament Physicians, Portugal, December 2000

"Surgical Treatment of Articular Cartilage Injuries", World Medical Conference for Association of Tennis Professionals Tournament Physicians, Portugal, December 2000

NBC Channel 4 interview, Injuries affecting Olympic athletes, September 2000

Web M.D. interview, "Shoulder Arthroscopy using Electrothermal Capsular Shrinkage", June 19, 2000

Graduation speech, Potomac High School, Woodbridge, Virginia, June 16, 2000

NBC Channel 4 interview, Concerns with the exercise "Body Pumping". February 2000

Shoulder Arthroscopy using Electrothermal Capsular Shrinkage", INOVA Rehabilitation Mount Vernon, February 9, 2000

NBC Channel 4 interview, Concerns with the exercise "Body Pumping" February 2000

Arthroscopy Association of North America, Associate Master Instructor, Knee Course, Rosemont, Illinois, January 15, 2000

Ebony Magazine Article, "Sports and Your Child", June 2000 issue

NBC Channel 4 interview, the Safety of Creatine, June 1, 1999

"Osteochondral Autograft Transplantation for the treatment of Knee Chondral Injury", Society of Tennis Medicine & Science, March 6, 1999

"Shoulder Arthroscopy using Electrothermal Capsular Shrinkage", University of Maryland, Baltimore, Maryland, February 19, 1999

ABC Channel 7 interview on Ski Safety, January 2, 1999

"Foot and Ankle Injuries in the Tennis Profession", Association of Tennis Professionals Tour Tournament Physicians Conference, Carlsbad, California, December 4, 1998

Arthroscopy using Electrothermal Capsular Shrinkage" Marymount University, Physical Therapy Department, Arlington, Virginia, November 16, 1998

"Knee and Shoulder Arthroscopy using Electrothermal Capsular Shrinkage", INOVA Rehabilitation Center, Springfield, Virginia, March 6, 1998

"Shoulder Arthroscopy using Electrothermal Capsular Shrinkage", Physiotherapy Associates, Vienna, Virginia, November 1997

"Shoulder Injuries, Treatment and Rehabilitation", Fairfax County Risk Management, Fairfax, Virginia, November 1997

"Long Term Follow-up of Bioabsorbable Fixation with ACL Reconstructive Surgery", Linvatec Global Arthroscopy Study, Florida, October 1997

"Long Term Evaluation of Arthroscopically assisted Rotator Cuff Repair" National Medical Association Annual Meeting, George C. Branche III, MD, Leonard Tassy, MD, Hawaii, October 1997

"Meniscal Injuries and Osteochondral Defect", Howard University, Washington D.C. June 1997

"Arthroscopic Anterior Cruciate Ligament Reconstruction", Association of Surgical Technologists, May 1997

"Running Injuries", Walter Reed Army Medical Center, Department of Physical Medicine, April 15, 1997

Orthopaedic Surgery Board of Review Lecture for George Washington University Physician Assistant Course, January 1997

"Arthroscopic Treatment of Patients with Arthritic Knees and Degenerative Meniscal Tears: A Long Term Follow-Up", American Academy of Orthopaedic Surgeons, Atlanta, Georgia, February 1996

"A Prospective Double-Blinded Study to Assess the Utility of a Mid Field MRI in a Community Setting for the Prediction of Findings in Patients Undergoing Arthroscopic Shoulder Surgery", American Academy of Orthopaedic Surgeons, Atlanta, Georgia, February 1996

"Bilateral Rotator Cuff Tears in Skiing ", American College of Sports Medicine, Annual Meeting, Minneapolis, Minnesota, June 1995

A Prospective Study of Deep Venous Thrombosis in a Knee Arthroscopy Patient", American Academy of Orthopaedic Surgeons, Florida, February 1995

"Glenohumeral Instability", Orthopaedic Grand Rounds, Howard University Hospital Washington, DC, January 1995

"Anterior Cruciate Ligament Injury in a Skeletally Immature Patient", American College of Sports Medicine, Annual Meeting, Indianapolis, Indiana, June 1994

"Cervical Spine Injury with Underlying Congenital Deformity - Football", American College of Sports Medicine, Annual Meeting, Indianapolis, Indiana, June 1994

"Athletic Injury Assessment: Comparison of an Experimental Force Collection Device for the N-K Table with Biodex", J. Almquist, D. Tremaine, G. Branche, J. Albrigo, K. Teed,

Poster Presentation, American College of Sports Medicine, Annual Meeting, Indianapolis, Indiana, June 1994

"Update in Shoulder Arthroscopy", Orthopaedic Grand Rounds, Howard University Hospital Washington, DC, March 1994

Management of Sports-Related Knee Injuries", Northern Virginia Institute for Continuing Medical Education, Alexandria, Virginia, March 1994

"The Latest in Treatment of Knee Injuries", The Pentagon, Washington, DC, May 1993

"Surgical Treatment of Rotator Cuff Problems", National Military Physical Medicine Short Course, Walter Reed Army Medical Center, Washington, DC, April 1993

Career Day, Falls Church High School, Falls Church, Virginia, April 1993

National Youth Leadership Forum, National Hospital for Orthopaedics and Rehabilitation,

Arlington, Virginia, March 1993

Northern Virginia Football Association, Fairfax High School, Fairfax, Virginia, September 1992

"Sports Medicine Decision Making Primary Care", Northern Virginia Institute for Continuing Medical Education, Alexandria, Virginia, February 1992

Arthroscopic Shoulder Surgery, Mount Vernon Hospital, Alexandria, Virginia, July 1991

Orthopaedic Grand Rounds Presentation, "Arthroscopic Shoulder Surgery", Howard University Hospital, Washington, DC, June 1991

"Foot and Ankle Injuries in Runners", Presented at Sports Medicine Symposium, Howard University Hospital, Washington, DC, June 1990

"Tarsal Coalition and Rigid Flatfoot", National Medical Association Convention, New York, New York, July 1986.

Continuing Education

American Academy of Orthopaedic Surgeons, 78th Annual Meeting, February 8-12, 2012
San Francisco, CA

Arthroscopy Association of North America, Specialty Day February 11, 2012 San Francisco, CA

USTA Sport Science Committee meeting, January 25th -27th 2012 Atlanta, GA

Arthroscopy Association of North America Fall Course, November 2011, Palm Springs, CA

American Academy of Orthopaedic Surgeons, 76th Annual Meeting, March 10- March 14, 2010
New Orleans, LA

Arthroscopy Association of North America, Specialty Day March 13, 2010 New Orleans LA

USTA Sport Science Committee meeting, March 5th -7th 2010 Fort Lauderdale FL

Arthroscopy Association of North America, Masters Course for Residents, January 21-24, 2010
Rosemont, IL

USTA Sport Science Committee meeting, April 3 – 5, 2009, Flushing, NY

Arthroscopy Association of North America, Specialty Day February 28, 2009 Las Vegas, NV

American Academy of Orthopaedic Surgeons, 75th Annual Meeting, February 25 – March 1, 2009,
Las Vegas, NV

Arthroscopy Association of North America, Masters Course for Residents, January 15-19, 2009
Rosemont, IL

USTA Sport Science Committee meeting, August 31st 2008 Flushing, NY

USTA Semi-Annual meeting, August 30- September 1, 2008, Flushing NY

American Academy of Orthopedic Surgeons Review Course, Chicago IL August 1-3, 2008

American Academy of Orthopedic Surgeons, 74th Annual Meeting, March 5-9, 2008, San Francisco, CA

Arthroscopy Association of North America, Specialty Day March 8, 2008. San Francisco, CA

Arthroscopy Association of North America Fall Course, November 2007, Orlando FL

American Academy of Orthopaedic Surgeons, 73rd Annual Meeting, February 2007, San Diego, CA

Arthroscopy Association of North America, Masters Course, Orthopedic Learning Center, February 1-4, 2007 Rosemont IL,

Arthroscopy Association of North America Fall Course, November 2006, Palm Springs, CA

American Academy of Orthopaedic Surgeons, 71st Annual Meeting, February 2005, Washington, DC

Arthroscopy Association of North America Fall Course, November 2004, Palm Springs, CA

Arthroscopy Association of North America Annual meeting, April 22-25, 2004 Orlando, FL

American Academy of Orthopaedic Surgeons, 71st Annual Meeting, February 2004, San Francisco, CA

Arthroscopy Association of North America Annual meeting, April 24-27, 2003 Phoenix, AZ

American Academy of Orthopaedic Surgeons, 70th Annual Meeting, February 2003, New Orleans, LA.

Arthroscopy Association of North America Fall Course, November 2001, San Antonio, Texas

American Academy of Orthopaedic Surgeons, 68th Annual Meeting, February 2001, San Francisco, CA

Arthroscopy Association of North America, Associate Masters Course Instructor, Rosemont, IL, January 15, 2001

Arthroscopy Association of North America 19th Annual Fall Course, November 2000 American

Academy of Orthopaedic Surgeons, 67th Annual Meeting, Orlando, Florida, March 2000

Association of North America, Associate Masters Course Instructor,

Rosemont, IL, January 12, 2000

Arthroscopy copy Association of North America, 18th Annual Meeting, San Diego, CA "November 1999

American Academy of Orthopaedic Surgeons, 65th Annual Meeting, New Orleans, Louisiana. March 1998

American Academy of Orthopaedic Surgeons, 64th Annual Meeting, San Francisco, California, February 1997

Arthroscopy Association of North America, 15th Annual Fall Course, Palm Springs, California, November 1996

Arthroscopy Association of North America, 15th Annual Meeting, Washington, DC, April 1996

American Academy of Orthopaedic Surgeons, 63rd Annual Meeting, Atlanta, Georgia, February 1996

American Academy of Orthopaedic Surgeons, State Legislative Strategy Meeting, Rosemont, Illinois, June 1995

Arthroscopy Association of North America, 14th Annual Meeting, San Francisco, California, May 1995

American Academy of Orthopaedic Surgeons, 62nd Annual Meeting, Orlando, Florida, February 1995

American Academy of Orthopaedic Surgeons, 61st Annual Meeting, New Orleans, Louisiana, February 1994

Group Practice Governance Leadership Institute, Chicago; Illinois October 1993

American Academy of Orthopaedic Surgeons, Sports Injury in the Young Athlete, Hilton Head, South Carolina, April 1993

12th Annual Cherry Blossom Seminar, McLean, Virginia, March 1993

American Academy of Orthopaedic Surgeons, 60th Annual Meeting, San Francisco, California, February 1993

The 1992 Knee Ligament Laboratory, Richmond, Virginia, December 1992

American Orthopaedic Society for Sports Medicine, San Diego, California, July 1992 Arthroscopy Association of North America, 11th Annual Meeting," Boston, Massachusetts, April 1992

"American Academy of Orthopaedic Surgeons, 59th Annual Meeting, Washington, DC, February 1992

American Orthopaedic Society for Sports Medicine, Specialty Day, Washington, DC, February 1992

The Northern Virginia Institute for Continuing Medical Education, Sports Medicine Decision Making in Primary Care, Alexandria, Virginia, February 1992

Arthroscopy Association of North America, Fall Review Course of Knee and Shoulder Arthroscopy, Palm Desert, California, November 1991

American Academy of Orthopaedic Surgeons, The Athlete's Knee, Washington, DC, November 1991

American Orthopaedic Society for Sports Medicine, Orlando, Florida, July 1991

American Academy of Orthopaedic Surgeons, Advance Arthroscopic Surgery of the Upper and Lower Extremities, Charleston, South Carolina, April 1991

American Orthopaedic Society for Sports Medicine, Anaheim, California, March 1991

American Academy of Orthopaedic Surgeons, Anterior & Posterior Cruciate Ligament Injuries, Desert Springs, California, December 1990

Arthroscopy Association of North America, Tucson, Arizona, November 1990

Burned Sports Medicine Center; Sports Medicine Research and Clinical Skills Symposium, Washington, DC, June 1990

American Orthopaedic Society for Sports Medicine, New Orleans, Louisiana, February 1990

Management of the Painful Shoulder, Arlington, Virginia, October 1989

American Academy of Orthopaedic Surgeons, Comprehensive Review Course of Orthopaedic Surgeons, Chicago, Illinois, April 1989

Total Knee Arthroplasty, Washington, DC, April 1989

American Academy of Orthopaedic Surgeons, Comprehensive Review Course of Orthopaedic Surgeons, Chicago, Illinois, March 1988

Maine Orthopaedic Review Course, Colby College, Waterville, Maine, June 1987

American Orthopaedic Association, 100th Annual Meeting, Washington, DC, May 1987

6th Annual Cherry Blossom Seminar, The Meniscus & ACL, Washington, DC, March 1987

Publication:

"Isolated Popliteus Tendon Injury in a Male Professional Tennis Player"
Sports Medicine and Science in Tennis Newsletter, February 2000

“Shin Splints”

USTA Ask the High Performance Lab; April 2008

Ongoing Research:

Biostinger Clinical Trials, Linvatec Corporation 1998

Arthrocare Multicenter Study, investigating the effects of Thermal Chondroplasty, 1999

The Development, Implementation and Clinical Testing of a Multi-Disciplinary Shoulder Evaluation Form (MDSEF)

Magnetic Resonance Imaging of the Shoulder: An Investigation into the Predictive Qualities of the

Magnetic Resonance Imaging Procedure of the Shoulder within a Group of Patients Having

Undergone Shoulder Arthroscopic Surgery. (Submitted for publication)

A Long Term Assessment for Ligament Laxity and Strength, Assessment in ACL Reconstruction Patients.

Long Term Follow-up of Patients Undergoing Arthroscopically Assisted Rotator Cuff Repairs.