

## Anderson Clinic - Mount Vernon and Inova Mount Vernon Hospital

### From the Capital Beltway (I-95/495):

Take exit #1. Go approximately 5 miles on Route 1 South and turn left (Walmart on right) onto Sherwood Hall Lane. After passing through the 1st traffic light, take the 2nd right onto Holland Road. Turn left into the hospital entrance, then right to reach the Anderson Orthopaedic Clinic entrance.

### From National Airport/George Washington Memorial Parkway:

Go south on the Parkway. After passing through Old Town Alexandria, drive south approximately 8 miles on the parkway. Exit right onto Morningside Lane. After the first traffic light, this street becomes Sherwood Hall Lane. After the 2nd traffic light, and immediately past the fire station on your left, turn left onto Holland Road. Turn left into the hospital entrance, then right to reach the Anderson Orthopaedic Clinic entrance.

### From the South:

Follow Interstate 95 North to Exit 161 - Route 1 North. Follow Route 1 for 10 miles. After passing the Multiplex Cinema (on your left), turn right onto Sherwood Hall Lane. After passing through the 1st traffic light, take the 2nd right onto Holland Road. Turn left into the hospital entrance, then right to reach the Anderson Orthopaedic Clinic entrance.

### From METRO/Mass Transit:

Take the Yellow Line to Huntington Station and pick up the Fairfax Connector bus to the hospital.

### From Anderson Clinic - Arlington:

Leaving Anderson Clinic - Arlington, turn right onto Army Navy Drive. Turn right onto 23rd Street (2nd street on right). Follow 23rd Street to the 3rd traffic light, Route 1 (Jefferson Davis

Hwy.). Turn right onto Route 1 South. Follow Route 1 through Old Town Alexandria, crossing over I-95. Continue on Route 1 South for approximately 4.5 miles. Turn left (Walmart on right) onto Sherwood Hall Lane. After passing through the 1st traffic light, take the 2nd right onto Holland Road. Turn left into the hospital entrance, then right to reach the Anderson Orthopaedic Clinic entrance.

