

CURRICULUM VITAE

PERSONAL INFORMATION:

Stephen Charles Saddler, M.D.
Birthplace: Detroit, MI.

Office Address:

Anderson Orthopaedic Clinic
8101 Hinson Farm Rd. #301
Alexandria, VA 22306

MEDICAL LICENSURE:

Virginia: Medicine and Surgery
Maryland: Medicine and Surgery
District of Columbia: Medicine and Surgery
Ohio: Medicine and Surgery
Kentucky: Medicine and Surgery
New York: Medicine and Surgery

BOARD CERTIFICATION:

American Board of Orthopaedic Surgery- since 7/1997 expires 7/2017
Subspecialty Certificate in Sports Medicine- expires 7/2017

EDUCATION:

Under graduate:

Amherst College
Address: Amherst, MA 01002
Dates: 9/1980 through 5/1984
Degree: B.A. Biology Magna Cum Laude

Graduate:

University of California San Francisco School of Medicine
513 Parnassus Ave, San Francisco, CA. 94143
Dates: 7/1984 through 5/1988
Degree: Doctor of Medicine

Postgraduate:

Surgical Internship: University of California San Francisco, Department of Surgery
513 Parnassus Ave. Room S-321, San Francisco, CA. 94143
Dates: 6/1988 through 6/1989
Chief of Surgery: Dr. Haile Debass

Residency: The Hospital for Special Surgery

535 E. 70th St. New York, N.Y., 10021
Dates: 7/1989 through 6/1993
Chief of Surgery: Dr. Andrew Weiland

Fellowship: Cincinnati Sportsmedicine and Orthopaedic Center
12115 Sheraton Ln. , Cincinnati, OH. 45246
Dates: 7/1993 through 6/1995
Fellowship Director: Dr. Frank Noyes

PROFESSIONAL EXPERIENCE:

1. Private Practice: Mt. Vernon Orthopedic Associates- Director and President
Dates: 8/1995 through 12/2009
2. Private Practice: Greater Metropolitan Orthopaedic Institute- Director
Dates: 12/2010 to present.
3. University Appointments: Clinical Instructor Georgetown University School of Medicine- 8/95 to present.
4. Chief Division of Orthopaedic Surgery INOVA Mt. Vernon Hospital 1/1998-12/2002
5. Medical Director and Team Physician Potomac Nationals (Carolina League A team) 4/1999 to present.
6. Team physician Mt. Vernon Majors H.S. football 1995-2010.
7. Reviewer for scientific publications Clinical Orthopaedics and Related Research 1995-1998.
8. Medical Director Health South Rehabilitation Woodbridge and Springfield, VA. 1998-2001.
9. Trustee Mt. Vernon Orthopedic Associates Profit Sharing Plan 2000- 2010.
10. Director HCR/Manorcare 2007- present.
11. Chairman Quality Committee HCR/Manorcare 5/2012

Hospital Appointments:

Deaconess Hospital 311 Straight St. Cincinnati, OH. 45219 (7/93-7/95)
Christ Hospital 12139 Auburn Ave. Cincinnati, OH. 45219 (7/93-6/95)
Bethesda Hospital 619 Oak St., Cincinnati, OH., 45206 (7/93-6/95)
Mercy Hospital of Fairfield 300 Mack Rd. Fairfield, OH. 45206 (7/93-6/95)
St. Elizabeth Medical Center 401 E. 20th St. Covington KY. 41014 (7/93-6/95)
Children's Hospital Elland and Bethesda Aves. Cincinnati, OH. 45229 (7/93-6/95)
INOVA Mt. Vernon Hospital 2501 Parker's Ln. Alexandria VA. 22306 (8/95-present)
INOVA Alexandria Hospital 4320 Seminary Rd. Alexandria VA. 22304 (1995 to present)
Fairfax Surgical Center 10730 Main St. Fairfax, VA., 22030 (1995 to present)
INOVA Healthplex 6355 Walker Ln. Alexandria VA 22310 (2009 to present)
Southern Maryland Hospital 7503 Surrats Rd. Clinton, MD. 20735 (2011 to present)

Hospital Committees:

Surgical Case Review Committee-9/1995 -12/1997. Committee Chairman 1/1997- 12/1997.
Ethics Committee-1/98 through 12/98
Credentials Committee-1/99 through 2008

Professional Societies:

Arthroscopy Association of North America-4/2001 to present

HONORS AND AWARDS:

Under graduate: (7/93-6/95) Magna Cum Laude, John Woodruff Simpson Fellow (Medicine)

Graduate: Summer Research Fellowship Grant: Awarded \$1000 for wound healing studies. Performed under the direction of Dr. Thomas Hunt

SCHOLARSHIP AND RESEARCH:

Publications:

Original Papers:

Ranawat C, Flynn W, Saddler S, Hansraj K, Maynard M, "Long-term results of the total condylar knee arthroplasty. A 15-year survivorship study." Clin. Orthopedics. And Research, Jan; (286): p 94-102, 1993.

Rodriguez J, Saddler S, Edelman S, Ranawat C, "Long term results of total knee arthroplasty in class 3 and 4 rheumatoid arthritis." Journal of Arthroplasty. 11(2):141-5, 1996

Saddler S, Noyes F, Grood E, Knochenmuss D, Hefzy S, "Posterior Cruciate Ligament Anatomy and Length-Tension Behavior of PCL Surface Fibers." Ther American Journal of Knee Surgery. Vol. #9 No. 4, p.194-199, 1996.

Galloway M, Grood E, Mehalik J, Levy M, Saddler S, Noyes F, "Posterior Cruciate Ligament Reconstruction: " An In Vitro Study of Femoral and Tibial Graft Placement." Am. J. Sports Med. 24(4): 437-455, 1996.

Book Chapters

Richard Laskin and Stephen Saddler, " Bone Defects in Total Knee Arthroplasty," Knee Surgery, Editors: Freddie H. Fu, Christopher D. Harner, & Kelly A. Vince, Williams and Willikins Publishers, p. 1399-1408. 1994.

Professional Presentations:

2/92: Knee Society Specialty Date:" Long term followup of total condylar knee arthroplasty. A 15 year survivorship study."

5/94: Controversies of the knee and shoulder. "Surgical aspects of PCL anatomy and isometry study results."

6/94:AOSSM 20th annual meeting:"Arthroscopic identification of the PCL femoral footprint for isometricity."

2/95: 41st Annual Meeting of the ORS: "The functional anatomy of the PCL femoral origin."

2/95:AAOS Specialty Day:"Analysis of the PCL isometry in 6° of freedom. The surgical considerations for graft placement."

11/95: Second combined meeting of the ORS: "The differential function of the Posterior Cruciate Ligament's Femoral Origin."

6/96:AOSSM 22nd Annual Meeting-posterior presentation:"The role of the Menisocofemoral Ligaments in Limiting Knee Motions."

11/96: European Society for Sports Medicine Knee Surgery and Arthroscopy (ESSKA) Symposium Scientific Committee- Fribourg , Switzerland: "Isometry of the Anterior Cruciate Ligament."